

# A-Waking to Life

## A Quest for Meaning

### *An Immersion in the Wild*



**We don't need commentary about the earth, we need disclosure from the earth.**

**Martin Shaw**

In this ancient ancestral land, entry into a timeless space offers a sweeping sense for what has passed (what stands behind us), for what is present, and for what might come. Surrounded by the unerring rhythms of natural seasonal folding and unfolding, we begin to recover, and to experience anew, our intrinsic relationship to the wild – outer and inner.

In such times as we are living now – times of profound disconnect, when the sacred has been washed aside – it serves our sense of wholeness, our place of belonging, when we can listen in to what the earth brings to us to locate our sense of self in the larger order of life.

We will enter into the wild, each day deeper and deeper; we will immerse ourselves in the silence; we will give our uninterrupted attention to this world: we will listen, we will observe, we will write, we will walk and we will dance, we will commune with nature, with one another and with ourselves. We will gently ease into an encounter with all of this expansive reality. As we find our place in the wild, we will simultaneously turn ourselves towards our inner wild – that place of infinite and unfathomable depth. It is here that we will find our true ground, and sharpen our sense for what is true in our outer worlds and lives.

In this five-day process, as we recover our place in this larger community of life, we will practise the rigours of listening to Earth, of embodied thinking; and we will find our own language of the wild. We will open our gaze to the meeting between inner and outer.

**Date: 16 – 22 September 2021**

Arrival afternoon of 16<sup>th</sup>, departing morning of the 22<sup>nd</sup>.

(Around the full moon and spring equinox, a most glorious time at Towerland)

**Cost: R 7 500 all inclusive**

Food from the delicious Towerland kitchen

**For more information, please write to: [proteusinitiative@gmail.com](mailto:proteusinitiative@gmail.com)**