


# I AM OF THIS PLACE

**Deepening our Sacred Relationship with Life and with Land**

**Towerland, South Africa**  
**26 February - 2 March 2024**



Towerland: Towerland, in the Langeberg mountains in the southern Cape, South Africa, is a wilderness retreat which enables the living flow of nature to be present in all aspects of life. From the accommodation to the meeting spaces to the mountains and rivers, the abundant presence of wilderness enters into and touches our thinking and our feeling, our sensibility for life.

We have taken care of every detail at Towerland to strengthen the relationship between the (outer) world of nature and our inner world, so that whatever we are doing at Towerland, those activities are strengthened in the profuse presence of nature. When we slow down and connect with the rhythms of nature, our activities and our thinking become more rhythmic, more enlivened, more whole.



Tanja: Tanja Meyburgh, mother, therapist and teacher is an internationally renowned Family and Systems Constellations trainer and founder of African Constellations. Tanja is interested in the individual calling of the soul, as well as our collective and communal healing and development. She integrates her psychology, African lineage wisdom and embodiment training to provide a creative and experiential learning space that brings a sense of soul and spirit in a psychologically grounded way. Her interest in self-growth, personal & collective ritual supports her to hold a broad and deep container for clients' personal and professional process. Her work is described by those who know her as gentle and incisive. Tanja lives in Cape Town with her two children.



Sue Davidoff, co-founder of The Proteus Initiative, is dedicated to an ecological vision of social life, and is engaged with practices and processes and methods which approach social situations with an enlivened and organic thinking (strongly influenced by the work of JW von Goethe). Sue works towards encouraging wholeness from out of the midst of fractured lives and an increasingly fragmented world. Through The Proteus Initiative she and her partner, Allan Kaplan, have been developing Towerland, a wilderness retreat centre in the southern Cape in South Africa. Her deep passion lies in bringing natural (the wild) and social life together, where an immersion in the wild enables processes of searching for Self and for the inner creativity and wholeness necessary to enable a future that is alive and whole. She loves being on the mountain, being alone, and being deeply connected.

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## With Tanja Meyburgh and Sue Davidoff

Life is sacred, Land is sacred. How can we honour Life and Land so that we may find our place in the Order of Life? Finding the path of relationship, of connection to Land, brings us back to ourselves ...

We welcome you to the pristine Wilderness of Towerland, to immerse yourself in a deepening of the sacred relationship with nature. Translated as Magic Land, Towerland will be our co-facilitator as we explore our sense of belonging and finding nourishment through connection to the land with our senses, embodiment, ritual, movement and constellations. We will enter the ancient stories, and the dance between the light and the dark. The conversation between inner and outer landscapes will find expression in the safety of a witnessing circle. In a place where time moves slow and the natural world speaks to us in archetypal images and synchronicities, we can find peace and the origin of our life force.

If magic could happen here, what would you wish for?

This process is for: Life seekers and those seeking deeper connection with nature, with the land, and with Self.

Bring your longing, bring your questions, bring your whole self to Towerland, and live with a sense of belonging with the wild and the ancestors of the soil. Experience presence, deep embodiment, awakening observation and a soulful connection with a community of seekers.

### DETAILS

**26/02/2024 - 02/03/2024**

Towerland Wilderness,  
Southern Cape, South Africa  
Nearest Airport: George, South Africa

#### Booking:

Please book your place at  
[www.africanconstellations.co.za](http://www.africanconstellations.co.za)  
in the Events / Bookings section

### BOOKING

#### Exchange

Local participants: R13 000  
International participants: 750 Euros  
Minimum 10 participants for the workshop  
2 reduced price tickets available - contact us directly

#### Included in these 5 days:

Full workshop; Accommodation in ecological cottages, 3 nutritious meals per day; Dancing, Constellations and Nature Processes; Walking, Swimming & Solo time spent in nature and a Sensory feast. Landscape originally inhabited by the first people.